



# Technical Guide: Hägglingen

24.08.2025

International XCO - UCI C3 race

Englisch  
Version 1.4  
<https://mtb-cup.ch/en/>

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## 1 Vittoria Fischer MTB-Cup

The Vittoria Fischer MTB-Cup has been organizing mountain bike races, up until recently under the name 'IG Argovia Vittoria-Fischer-Cup', in and around the canton of Aargau for over 20 years. While the organization and execution of the races is taken over by committed clubs, the Vittoria Fischer MTB-Cup provides the infrastructure. This includes the time measurement, safety accessories, a speaker as well as the sound system and the podium for the award ceremony.

## 2 Vittoria Fischer MTB-Cup organiser

Vittoria Fischer MTB-Cup c/o  
Roland Fischer  
Unterdorfstrasse 40  
5703 Seon  
Aargau

## 3 Event organisation

Event organisation for Vittoria Fischer MTB-Cup in Hägglingen:

### 3.1 Addresses

#### Race location

Fussballplatz  
Friedhofstrasse 9  
5607 Hägglingen  
Aargau

### 3.2 Contact

VC Hägglingen  
Patrick Geissmann  
[geissmann.p@hotmail.ch](mailto:geissmann.p@hotmail.ch)

## 4 UCI Categories for a C3 class event

|                | UCI World Championships,<br>UCI World Cup,<br>Continental championships,<br>Continental series,<br>Hors class,<br>Class 1 events |               | Class 2 events   |              | Class 3 events   |                                     |
|----------------|----------------------------------------------------------------------------------------------------------------------------------|---------------|------------------|--------------|------------------|-------------------------------------|
|                | Race time                                                                                                                        | Lap length    | Race time        | Lap length   | Race time        | Lap length                          |
| Men juniors    | 01:00 - 01:15                                                                                                                    | 3.5 km - 6 km | 01:00 - 01:15    | 4 km - 10 km | 01:00 - 01:15    | No restriction, and any race format |
| Women juniors  | 01:00 - 01:15                                                                                                                    |               | 01:00 - 01:15    |              | 01:00 - 01:15    |                                     |
| Men under 23   | 01:15 - 01:30                                                                                                                    |               | N/A <sup>1</sup> |              | N/A <sup>1</sup> |                                     |
| Women under 23 | 01:15 - 01:30                                                                                                                    |               | N/A <sup>1</sup> |              | N/A <sup>1</sup> |                                     |
| Men elite      | 01:20 - 01:40                                                                                                                    |               | 01:30 - 02:00    |              | No Restrictions  |                                     |
| Women elite    | 01:20 - 01:40                                                                                                                    |               | 01:30 - 02:00    |              | No Restrictions  |                                     |

## 5 Event type

UCI C3 MTB Cross-Country race within the Vittoria Fischer MTB-Cup series.

## 6 UCI Categories

| Category      | Birth year  | Required license |
|---------------|-------------|------------------|
| Women Elite   | ... - 2006  | UCI              |
| Women Juniors | 2007 - 2008 | UCI              |
| Men Elite     | ... - 2006  | UCI              |
| Masters       | ... - 1995  | UCI              |
| Men Juniors   | 2007 - 2008 | UCI              |

<sup>1</sup>Under 23 compete with elite

## 7 Kids & Fun Categories

| Category            | Birth year  | Required license |
|---------------------|-------------|------------------|
| Fun 1               | 1976 - 2008 |                  |
| Fun 2               | ... - 1975  |                  |
| Fun Women           | ... - 2007  |                  |
| Plausch             | Open        |                  |
| Hard Boys U17       | 2009 - 2010 | Swiss Cycling    |
| Hard Girls U17      | 2009 - 2010 | Swiss Cycling    |
| Mega Boys U15       | 2011 - 2012 | Swiss Cycling    |
| Mega Girls U15      | 2011 - 2012 | Swiss Cycling    |
| Rock Boys U13       | 2013 - 2014 | Swiss Cycling    |
| Rock Girls U13      | 2013 - 2014 | Swiss Cycling    |
| Cross Boys U11      | 2015 - 2016 | Swiss Cycling    |
| Cross Girls U11     | 2015 - 2016 | Swiss Cycling    |
| Soft Boys U9        | 2017 - ...  |                  |
| Soft Girls U9       | 2017 - ...  |                  |
| Military bike cross | Open        |                  |

## 8 Training

Training on the racetrack before the race is strictly prohibited. Sanctions and fines must be expected in the event of a violation.

### 8.1 Course inspection times

**23.08.2025**

- 14:00 - 16:00 (Without parcours-categories)

### 8.2 Training times

**24.08.2025**

- 07:30 - 08:45
- 09:00 - 11:00 (Only for the categories Cross Boys U11, Cross Girls U11, Soft Boys U9, Soft Girls U9)
- 12:00 - 13:00 (Starting area is closed off)

## 9 Insurance

All participants must be covered by sufficient health, accident and liability insurance. The event organizer shall not be held liable for any damages caused to persons or material/equipment.

## 10 Prestart

All participants are requested to arrive at the start/finish line at least 10 minutes before the official start of the race.

## 11 Registration

The online registration is possible until Friday before the Event: <https://mtb-cup.ch/en/registration>

Late registrations are possible during the opening hours of the start number pick up.

## 12 Licence check

Licences will be checked when collecting the number.

## 13 Award ceremonies

Shortly after the race the award ceremonies shall take place. The Top 5 riders of each category will be awarded.

## 14 Results

The results are available <https://mtb-cup.ch/en/results>

## 15 Anti doping

Separate facilities as well as restrooms near the gravel pit will be used for anti-doping controls and will be marked accordingly. The responsible staff members at the end of the race are waiting at the finish line to take out and accompany the selected riders.

## 16 Time keeping

The timing will be organized by Vittoria Fischer MTB-Cup. The UCI result files can be uploaded directly after the race.

## 17 Parking spaces

The parking spaces are signposted.



## 18 Lodging / Camping

### 18.1 Camping

- Patrick Geissmann  
[geissmann.p@hotmail.ch](mailto:geissmann.p@hotmail.ch)

## 19 Team area

Please note that the team area is limited and reservations must be made at least two weeks before the event. Please contact the Vittoria Fischer MTB-Cup event organisation.

Contact: [geissmann.p@hotmail.ch](mailto:geissmann.p@hotmail.ch)

## 20 Prize money

The prize money for the category C3 will be distributed according to the UCI rules.

| Ranking | Women Elite /<br>Men Elite | Women Juniors /<br>Men Juniors | Masters |
|---------|----------------------------|--------------------------------|---------|
| 1       | 200 CHF                    | 65 CHF                         | 75 CHF  |
| 2       | 150 CHF                    | 50 CHF                         | 55 CHF  |
| 3       | 100 CHF                    | 30 CHF                         | 35 CHF  |
| 4       | 75 CHF                     | 25 CHF                         |         |
| 5       | 50 CHF                     | 20 CHF                         |         |

## 21 Point scale

The point scale will follow the UCI MTB rules.

## 21.1 UCI C3 points

| Ranking | Elite | Juniors U19 |
|---------|-------|-------------|
| 1       | 10    | 20          |
| 2       | 6     | 18          |
| 3       | 4     | 16          |
| 4       | 2     | 14          |
| 5       | 1     | 12          |
| 6       |       | 10          |
| 7       |       | 8           |
| 8       |       | 6           |
| 9       |       | 4           |
| 10      |       | 2           |

## 21.2 Swiss Cycling points

| Ranking | Hard U17 | Mega U15 | Rock U13 | Cross U11 | Soft U9 | Amateur | Masters |
|---------|----------|----------|----------|-----------|---------|---------|---------|
| 1       | 12       | 12       | 12       | 12        | 12      | 12      | 12      |
| 2       | 9        | 9        | 9        | 9         | 9       | 9       | 9       |
| 3       | 8        | 8        | 8        | 8         | 8       | 8       | 8       |
| 4       | 7        | 7        | 7        | 7         | 7       | 7       | 7       |
| 5       | 6        | 6        | 6        | 6         | 6       | 6       | 6       |
| 6       | 5        | 5        | 5        | 5         | 5       | 5       | 5       |
| 7       | 4        | 4        | 4        | 4         | 4       | 4       | 4       |
| 8       | 3        | 3        | 3        | 3         | 3       | 3       | 3       |
| 9       | 2        | 2        | 2        | 2         | 2       | 2       | 2       |
| 10      | 1        | 1        | 1        | 1         | 1       | 1       | 1       |



### 21.3 Cup points

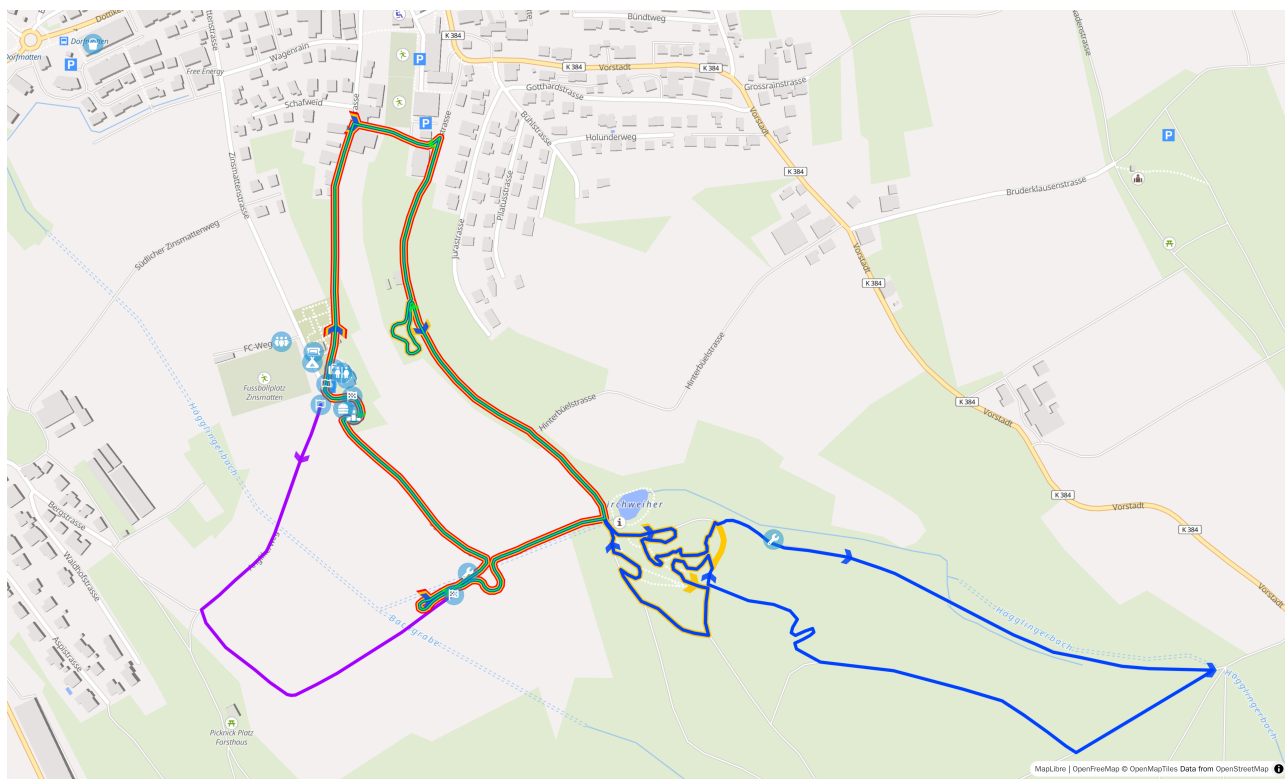
| Ranking | Elite | Juniors U19 | Hard U17 | Mega U15 | Rock U13 | Cross U11 | Soft U9 | Amateur | Masters | Fun | Plausch |
|---------|-------|-------------|----------|----------|----------|-----------|---------|---------|---------|-----|---------|
| 1       | 100   | 100         | 100      | 100      | 100      | 100       | 100     | 100     | 100     | 100 | 100     |
| 2       | 80    | 80          | 80       | 80       | 80       | 80        | 80      | 80      | 80      | 80  | 80      |
| 3       | 70    | 70          | 70       | 70       | 70       | 70        | 70      | 70      | 70      | 70  | 70      |
| 4       | 65    | 65          | 65       | 65       | 65       | 65        | 65      | 65      | 65      | 65  | 65      |
| 5       | 61    | 61          | 61       | 61       | 61       | 61        | 61      | 61      | 61      | 61  | 61      |
| 6       | 58    | 58          | 58       | 58       | 58       | 58        | 58      | 58      | 58      | 58  | 58      |
| 7       | 56    | 56          | 56       | 56       | 56       | 56        | 56      | 56      | 56      | 56  | 56      |
| 8       | 55    | 55          | 55       | 55       | 55       | 55        | 55      | 55      | 55      | 55  | 55      |
| 9       | 54    | 54          | 54       | 54       | 54       | 54        | 54      | 54      | 54      | 54  | 54      |
| 10      | 53    | 53          | 53       | 53       | 53       | 53        | 53      | 53      | 53      | 53  | 53      |
| 11      | 52    | 52          | 52       | 52       | 52       | 52        | 52      | 52      | 52      | 52  | 52      |
| 12      | 51    | 51          | 51       | 51       | 51       | 51        | 51      | 51      | 51      | 51  | 51      |
| 13      | 50    | 50          | 50       | 50       | 50       | 50        | 50      | 50      | 50      | 50  | 50      |
| 14      | 49    | 49          | 49       | 49       | 49       | 49        | 49      | 49      | 49      | 49  | 49      |
| 15      | 48    | 48          | 48       | 48       | 48       | 48        | 48      | 48      | 48      | 48  | 48      |
| 16      | 47    | 47          | 47       | 47       | 47       | 47        | 47      | 47      | 47      | 47  | 47      |
| 17      | 46    | 46          | 46       | 46       | 46       | 46        | 46      | 46      | 46      | 46  | 46      |
| 18      | 45    | 45          | 45       | 45       | 45       | 45        | 45      | 45      | 45      | 45  | 45      |
| 19      | 44    | 44          | 44       | 44       | 44       | 44        | 44      | 44      | 44      | 44  | 44      |
| ...     | ...   | ...         | ...      | ...      | ...      | ...       | ...     | ...     | ...     | ... | ...     |
| 57      | 6     | 6           | 6        | 6        | 6        | 6         | 6       | 6       | 6       | 6   | 6       |
| 58      | 5     | 5           | 5        | 5        | 5        | 5         | 5       | 5       | 5       | 5   | 5       |
| 59      | 4     | 4           | 4        | 4        | 4        | 4         | 4       | 4       | 4       | 4   | 4       |
| 60      | 3     | 3           | 3        | 3        | 3        | 3         | 3       | 3       | 3       | 3   | 3       |
| 61      | 2     | 2           | 2        | 2        | 2        | 2         | 2       | 2       | 2       | 2   | 2       |
| 62      | 1     | 1           | 1        | 1        | 1        | 1         | 1       | 1       | 1       | 1   | 1       |
| Others  | 1     | 1           | 1        | 1        | 1        | 1         | 1       | 1       | 1       | 1   | 1       |
| DNF     | 1     | 1           | 1        | 1        | 1        | 1         | 1       | 1       | 1       | 1   | 1       |

## 22 Time table

24.08.2025

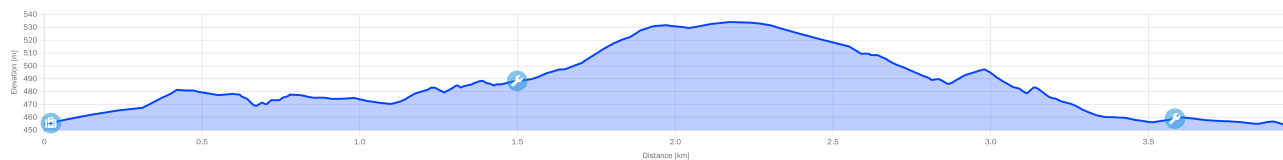
| Category            | Time  | Laps         | Length   | Climb |
|---------------------|-------|--------------|----------|-------|
| Hard Boys U17       | 09:00 | 1SS + 3L     | 13.51 km | 442 m |
| Hard Girls U17      | 09:00 | 1SS + 3L     | 13.51 km | 442 m |
| Mega Boys U15       | 10:15 | 1SS + 2L     | 9.57 km  | 307 m |
| Mega Girls U15      | 10:15 | 1SS + 2L     | 9.57 km  | 307 m |
| Rock Boys U13       | 11:15 | 1SS + 2S     | 6.94 km  | 216 m |
| Rock Girls U13      | 11:15 | 1SS + 2S     | 6.94 km  | 216 m |
| Cross Boys U11      | 11:30 | 1P           | 0.65 km  | 6 m   |
| Cross Girls U11     | 11:30 | 1P           | 0.65 km  | 6 m   |
| Military bike cross | 12:00 | 40min + 1MIL | - km     | - m   |
| Soft Boys U9        | 12:30 | 1P           | 0.65 km  | 6 m   |
| Soft Girls U9       | 12:30 | 1P           | 0.65 km  | 6 m   |
| Women Elite         | 13:00 | 6L           | 23.65 km | 813 m |
| Women Juniors       | 13:00 | 5L           | 19.71 km | 677 m |
| Men Elite           | 14:45 | 7L           | 27.59 km | 948 m |
| Masters             | 14:45 | 6L           | 23.65 km | 813 m |
| Men Juniors         | 14:45 | 6L           | 23.65 km | 813 m |
| Fun 1               | 16:25 | 5L           | 19.71 km | 677 m |
| Fun 2               | 16:25 | 5L           | 19.71 km | 677 m |
| Fun Women           | 16:25 | 3L           | 11.83 km | 406 m |
| Plausch             | 16:25 | 3L           | 11.83 km | 406 m |

## 23 Race course



|  | Abbreviation | Name           |   | Distance |   | Climb |
|--|--------------|----------------|---|----------|---|-------|
|  | L            | Large lap      | → | 3.94 km  | ↑ | 135 m |
|  | S            | Small lap      | → | 2.63 km  | ↑ | 90 m  |
|  | MIL          | Military Cross | → | 1.84 km  | ↑ | 46 m  |
|  | SS           | Starting lap   | → | 1.69 km  | ↑ | 36 m  |
|  | P            | Parcours       | → | 0.65 km  | ↑ | 6 m   |

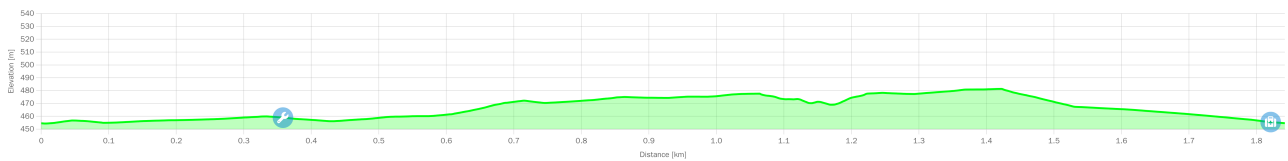
### Elevation profile: Large lap



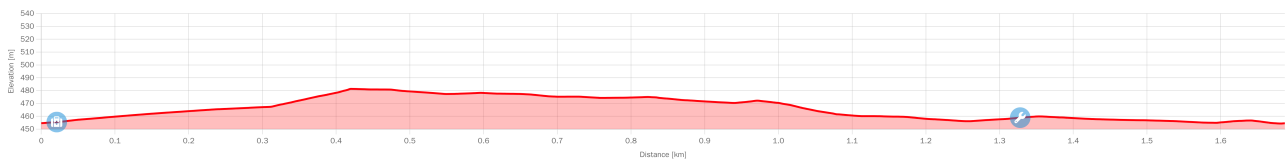
### Elevation profile: Small lap



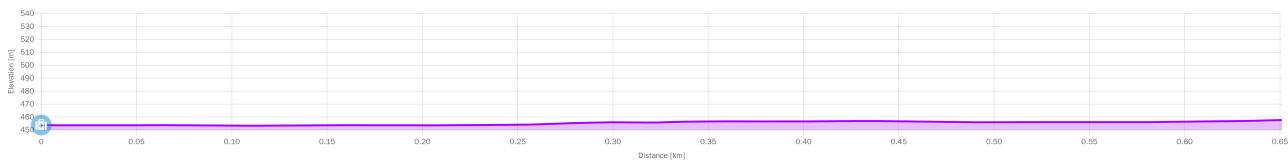
### Elevation profile: Military Cross



### Elevation profile: Starting lap



### Elevation profile: Parcour



## 24 Contact details

| Organization               | Name            | Phone            | Email                                                                    |
|----------------------------|-----------------|------------------|--------------------------------------------------------------------------|
| UCI commissioner           | Ehrin Mirella   | +46 72 535 16 28 | <a href="mailto:mirella@vannesta.se">mirella@vannesta.se</a>             |
| Swiss Cycling commissioner | Heinz Hauser    | +41 76 575 24 39 | <a href="mailto:hhauser@swissonline.ch">hhauser@swissonline.ch</a>       |
| Swiss Cycling commissioner | Patrick Boggian | +41 79 536 82 83 | <a href="mailto:patrick.boggian@gmail.com">patrick.boggian@gmail.com</a> |
| Swiss Cycling commissioner | Frédéric Luy    | +41 79 773 33 66 | <a href="mailto:fred.luy@icloud.com">fred.luy@icloud.com</a>             |

## 25 First Aid

### 25.1 First aid coordinator and doctor

On Site

### 25.2 Next hospital

**Kantonsspital Aarau**  
Tellstrasse 25  
5001 Aarau  
Aargau

**Kantonsspital Baden**  
Im Ergel 1  
5404 Baden  
Aargau

## 26 Regulations

- <https://www.uci.org/inside-uci/constitutions-regulations/regulations>
- <https://www.swiss-cycling.ch/de/infocenter/reglemente-mtb>
- <https://mtb-cup.ch/en/regulations>

## 27 Changelog

| Version | Changes                                                                                                                                  |
|---------|------------------------------------------------------------------------------------------------------------------------------------------|
| v1.0    | <ul style="list-style-type: none"> <li>• initial version</li> </ul>                                                                      |
| v1.1    | <ul style="list-style-type: none"> <li>• Adjustment of the training times</li> <li>• Update of the courses for all categories</li> </ul> |
| v1.2    | <ul style="list-style-type: none"> <li>• Adjustment of the training times</li> </ul>                                                     |
| v1.3    | <ul style="list-style-type: none"> <li>• Adjustment of the training times</li> </ul>                                                     |
| v1.4    | <ul style="list-style-type: none"> <li>• Course adjustment</li> <li>• New tech/feed zone</li> </ul>                                      |